WHAT TO BRING

For each session, please supply:

☆ 1 piece of fruit each day to share. If your child does not like fruit, or as a change, you may like to send cubes of cheese, carrot, sultanas, celery or any other healthy ideas. Children love a variety of healthy food at fruit time.

☆ Lunch (in a lunch box with a frozen "something" on hot days). A drink is also a good idea, water preferred. We do have a cold water fountain.

☆ Water Bottle. Make sure it seals and your child can manage it themselves (to avoid wet books and bags). Please avoid cordials and juices. Water is preferred.