Principal's Patter:

Thanks to parents
We are very lucky at Beverley DHS to have a very supportive and proactive group of parents helping us to run programs for our students. I would like to particularly acknowledge parents who have supported the oral language programs being run in the K-2 classrooms with Mrs Jo Johnson, especially those parents who have been coming in regularly. I would also like to most sincerely thank the parents and community members who have supported Friday afternoon sports in the lead up to our Winter Carnival, especially Mark Thomas, Brendan McLean and Graeme Lewis. Their assistance and expertise is invaluable, and the staff and students very much appreciate their presence in the school.

Dealing with Kids - A Toolbox for Parents and Teachers
We will be fortunate enough to have Leah Adams from Parenting WA delivering a series of workshops on site at Beverley DHS on Wednesday afternoons for the next three weeks (17th and 24th June and the 1st July.) These workshops are for parents and teachers who care for children from 2 to 12 years of age. The sessions will focus on ways to support children’s emotional regulation, behaviour, and resilience. The interactive workshops provide useful and workable tips and strategies, and include the popular strategies Emotion Coaching and 1,2,3 Magic. Coffee and cake will be provided. Please contact the school as soon as possible to register your interest in attending the workshops.

Jumpers and Jackets
Our lost property box is literally overflowing with fleecy windcheaters and almost-brand-new zip up jackets which are not marked with names. These are expensive and valuable items of clothing, and it breaks our collective hearts to see them stacked in piles, abandoned and neglected. If your children have missing items of clothing, please pop in and have a look in the lost property box or ask your child to do so. Even more importantly, please label your child’s clothing items. We cannot return them to their owners if we do not know who they belong to.

Student Wellbeing and Pastoral Care
The wellbeing of our students is of paramount importance to us as a school community. While academic, artistic, and sporting achievements drive our work in schools, so too does the social and emotional welfare and personal growth of our students. We have recently had teaching and non-teaching staff involved in the planning and development of some great new initiatives and programs at the school, including relationships and sexuality education, and resilience and protective behaviours. We encourage students to identify a range of people that they trust both at home and at school whom they can talk to about issues of concern. We can support families with identifying appropriate referrals or additional support if they are concerned about the welfare of their children, often in consultation with the school psychologist or child health nurse. If you do have concerns about your child and how they are coping, please request a confidential discussion with the school psychologist or principal for advice about referral or support.

School Principal position
I am delighted to confirm that I will be continuing on as principal at Beverley District High School in a permanent capacity. I would like to thank the school community for their welcome and support, and look forward to continuing to work with families, staff and students to develop a shared plan for the school’s direction. My family and I are thrilled and honoured to have the opportunity to make Beverley our home and to contribute to this wonderful town. I would like to thank Mrs Aliesha Murray for continuing to act in the Deputy Principal’s position so conscientiously and efficiently during this time.

Wendy Moore
Principal
INTERSCHOOL CROSS COUNTRY

The Interschool Cross Country in Pingelly was a great success. Well done to those who competed on the day. The students were a credit to our school in displaying determination, great sportsmanship and impeccable behaviour.

Thank you to all of the parents who supported our students at the interschool Cross Country Carnival. It was appreciated!

WINTER CARNIVAL

Beverley is hosting the Interschool Winter Carnival this Friday 12th June (Week 8). Our Year 5 and 6 students (along with some Year 4 students) will be playing netball, football and soccer. Thanks to those who have volunteered to help on the day. I is most appreciated.

Our P&C will be selling morning tea at the oval on the day so donations of baked items would be greatly appreciated.

Food will be available for sale from the amenities (although options are limited). Lunch orders will be made available at 11.40am.

SCHOOLNET CLINIC

A West Coast Fever Scoolnet Coach visited our school last Tuesday. All students from Year 1 – 10 attended a netball skills clinic with an extra session for intense coaching of our Winter Carnival Teams. The coaching sessions went well and I’m looking forward to seeing all of the new skills acquired at the Winter Carnival tomorrow.

TENNIS – 2015 Tennis Active Girls & the D’Arcy Slater Boys Live-In Camp

Please note that this camp is NOT for beginners.

Nomination are now being called for the 2015 Tennis Active Girls & the D’Arcy Slater Boys Live-In Camp. This is a huge opportunity for country juniors only. The purpose of this camp is to provide coaching and social opportunities for junior tennis players from country WA. All nominations are to be completed by Friday 12th June. Please note that there are limited places for the camp and this is a nomination only. Tennis West will notify the participants of their selection and all relevant forms will be sent to confirm their attendance in the camp. All enquiries to centraldistrictstenniszone3@gmail.com

Aliesha Murray
Acting Deputy Principal

Deputy’s Gag of The Week:

What do you give someone who has everything?

A burglar alarm!!

CALLING FOR CAKES! SLICES! MUFFINS!

The P & C will be catering for morning tea at the Winter Carnival to be held on Friday 12th June at the Town Oval. All donations of goodies will be gladly accepted. Donations can be dropped off at the Amenities Building kitchen on the morning of the event.

Any queries contact Cara Hammond on 0400 762 889

Help us to raise funds to buy educational resources for our school.
Kindy Enrolments for 2016

Please collect an Enrolment Form from the school office. Completed Enrolment forms are due back by Friday **24th July 2015**.

Children who were born between 1st July 2011 and 30th June 2012 are eligible to attend Kindergarten in 2016.

An Information Session will be held at the Kindergarten at a later date.

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**CANTEEN NEWS**

Now that Winter is here, hot, homemade spaghetti bolognese will be available for order on Wednesdays for lunch for $5.00

For the next two Wednesdays (10th & 17th June) the canteen will **NOT** be selling at recess. Lunch will still be available.

There will be some changes happening at our canteen in the near future. **WATCH THIS SPACE FOR MORE DETAILS SOON!!!**

Canteen committee

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**Lost Property**

There is heaps of lost property in our box. If your child is missing items, please come in and have a look in the box.

**Labelling Personal Items**

Please ensure all your child’s personal items, including clothing, have NAME LABELS.

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**DISCO**

P & C will be running a DISCO on Thursday 2nd July which will include a sausage sizzle. Further details will follow in the next newsletter.
Beverley District High School is pleased to present a workshop for parents and teachers focusing on ways to support children’s emotional regulation, behaviour, and resilience. These sessions provide useful and workable tips and strategies, and are valuable for anyone who cares for children aged 2 to 12.

The workshop will run over three weeks on Wednesday afternoons (1 – 3pm), on 17 June, 24 June and 1 July. **All parents are invited.**

The interactive workshops will be held in the school library.

Coffee and cake will be provided.

Two main strategies will be explored in the workshops: *Emotion Coaching* and **1-2-3 Magic**. The workshops will be led by Leah Adams from Parenting WA.

**We are aware that some parents will have pre-school children to consider.** Parents may wish to have small babies attend the workshops with them if they are unable to organise alternative care. Otherwise, organising child care during the duration of the workshops would be a great idea. Please contact us if you would like to attend the workshops but are unable to arrange alternative care for your younger children.

Please complete the RSVP form if you would like to be part of the workshop series. We would love to have you join us.

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Parent/s names: ____________________________________________

☐ I would like to join the dealing with Kids Toolbox workshop series (1-2-3 Magic and Emotion Coaching) at Beverley DHS on 17th and 24th June and 1st July.

Or: ☐ I would like to attend, but am unsure whether I can arrange child care. Please contact me to discuss.

**PLEASE RETURN THIS FORM TO YOUR CHILD’S CLASS TEACHER BY MONDAY 15 JUNE 2015**
**Dental Health in Children**

Good dental health is important for overall health, well-being and quality of life.

Some ways that we can look after our teeth include:
- Tooth brushing with fluoride toothpaste
- Drinking fluoridated water
- Eating a healthy diet avoiding lollies, soft drink, sweet biscuits and fruit snack bars
- Having regular dental check-ups

Teaching children good tooth brushing habits at a young age will reduce gum disease and tooth decay. Children should brush their teeth twice a day. Good times to do this are after breakfast and before going to bed.

The correct method for young children to brush their teeth is:
1. Have a big drink of water
2. Place a small amount of fluoride toothpaste (about the size of a pea) on the toothbrush
3. Circles: brush the outside of the teeth and gums
4. Flicks: Brush the inside of the teeth
5. Scrubs: Brush the back teeth- top and bottom
6. Brush the germs from your tongue

Spit the toothpaste out- remember not to rinse.

Toothbrushes should be replaced at the start of each term. If they become shaggy or dirty, replace them sooner. Children should always use a soft toothbrush with a small head.

For more information, contact your school health nurse or visit the Dental Health Services website: [www.dental.wa.gov.au](http://www.dental.wa.gov.au)

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**UNIFORM SHOP**

Uniform Shop will be open on Assembly days (Monday) before the assembly. Please make appointment prior with Kerry-Anne 0413 672 013.

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**NEXT ASSEMBLY:** Monday 15th June at 1.50pm

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**Proud to be a Waterwise School**

*Waterwise Tip:*

It is just as important to drink plenty of water in winter as it is in summer. Thirst is an indication that your body has already begun to dehydrate: drink water before you feel thirsty.

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**SURVEY FOR PARENTS AND KIDS**

Researchers at the University of Western Australia are looking for parents with children or teens between the ages of 8 and 16 to help us find out more about the relationship between the personality trait, narcissism, and children’s emerging understanding of who they are (their sense of self and self-esteem).

The survey can be done over the internet and at home, and it takes about twenty minutes of your time (10 mins parents, 15 mins children). Parents are given the opportunity to enter a draw to win one of twenty $50 gift certificates to Coles/Myer.

To participate go to: [http://tinyurl.com/DOEBParents](http://tinyurl.com/DOEBParents)

For more information please contact Kate Derry at 6488 3259.
On Saturday June 13, 20 and 27, an entry form will appear in The Weekend West. Please collect as many entry forms as possible through family and friends.

Completed entry forms can be handed in at the school office.
zero2hero® day

ONE HEROIC MENTAL HEALTH AWARENESS DAY

DRESS UP!
STAND UP!
SPEAK UP!

SUPPORTING YOUTH MENTAL HEALTH & SUICIDE PREVENTION PROGRAMS

FRIDAY JUNE 26...

MORE INFO AT ZERO2HERO.COM.AU
OLIVER Rural IT Solutions
We come to you for all your computer needs
John Oliver
Mobile: 0427 412 130
Email: John@OliverRural.com.au