COMMUNICATIONS ALERT!!

We would like to provide parents with more timely, relevant and reliable communications, and emails or texts are more convenient for many busy parents than searching through school bags for missing newsletters or notes. Office staff will contact you over the next few weeks to find out the communication methods that suit you best, and will update our records. Alternatively (and this would help us out) you might prefer to just return this form:

BEVERLEY DHS - EMAIL AND MOBILE CONTACT FORM
Please return to school once completed.

Student name/s: ______________________________________________________
_______________________________________________________
_______________________________________________________

Current best email address: ____________________________________________

☐ Please contact me on this email address for the following types of communication:
* Newsletters and updates about events
* Checking on reasons for absences
* Information, e.g., a new canteen menu
* School Council information
* Excursion or permission notes
* Individual contact from child’s teacher
* Surveys or requests for parent input
* P&C notices and information

Current best mobile phone number: _____________________________________

☐ Please call or text me on this mobile number for these types of communication:
* Changes in arrangement for events
* If you have been unable to contact me
* Reminders about events
* Questions about my child or their health
* To remind me about outstanding notes
* Individual contact from child’s teacher

Parent name _____________________________________ Signature: ________________________

Please note that this note will provide additional information to that on your child’s enrolment form or school records. The emergency contact details we have on the system will remain in place unless you advise us otherwise. We will always contact you via your emergency number if your child is absent or in an emergency.
Principal’s Patter (continued):

It’s Disco Time!! Our wonderful P&C Association is killing two birds with one stone; giving students the opportunity to enjoy a fun evening of wild cavorting (well, dancing and party games) and raising money for some very worthwhile equipment and learning resources for our students. You can check the details later in the newsletter, but I have it on good authority that if you were to chat to Kerry Anne Doyle to volunteer your time, your MC flair, or even your disco balls, then your contributions would be greatly appreciated. Her number is 0413 672 013.

Try A Trade: Build a Fence…. What a team! This week has seen our resourceful Year 9 and 10 students participating in an industry-based trades program under the direction of Wes, an experienced builder and lecturer from the C. Y. O’Connor Institute in Northam. The project gives the students competencies in accredited vocational units, and provides them with the opportunity to develop team and work skills. As a result of their work, the ‘MOASH’ building will now incorporate a fenced area and a wooden ramp. These modifications will allow us to welcome groups and activities such as playgroup onto our school site. We owe a great debt of gratitude to Scott Morrell for giving up his time and offering to travel to Perth to pick up the decking, fence posts and wire for this project. We would also like to sincerely thank Dan Wilkinson for supplying the mix for the concrete and delivering it for free, and the Shire of Beverley for offering us the loan of landscaping equipment for the project.

We are very proud of the achievements of our students on this project. They have certainly demonstrated that the faith we had in them - with respect to their ability to come together as a team, problem solve, work hard and contribute positively to our school - was very well placed. Next time you visit the school, you may wish to cast an appreciative eye over their handiwork.

Reports and Parent Interviews: Teachers are finalising student reports this week, and they will be printed and distributed by the end of term. There is a box on the report which teachers can tick if they would like to meet with parents to discuss ways to support students at school, but you might also just wish to check what a particular comment means, or query a grade that is unexpected. You do not need a ticked box to be able to request a meeting; just let your child's teacher know when you would be available to come in, and he or she will be more than happy to work out a mutually convenient time to catch up with you.

Wendy Moore
Principal

BEVERLEY DRESS UP DISCO!

Thursday 2nd July 2015

PP—Year 5  4.30pm—6.30pm
Year 6—Year 10  6.30pm—9.00pm
Venue: Music Room, Beverley District High School

Entry $6
Sausage’n’Water meal deal (includes Entry fee) $10
Juice box $2
Crisps small $1
Crisps large $2
Lolly bags $2

Parents are welcome to stay

Spot prizes to be won!
Prize for the best disco outfit
The Deputy's Dialect

WINTER CARNIVAL

The Interschool Winter Carnival was on Friday 12th June (Week 8). Our Year 5 and 6 (along with some Year 4 students) played netball, football and soccer. The students all played so well and represented our school with pride. Well done on an excellent day!

Thanks to those who volunteered to help in the canteen, umpiring, scoring, coaching, organising and supporting on the day. It was most appreciated. A special thanks to our Parent Sports Committee lead by Brendan McLean and Andrew Shaw, once again you were amazing and are such an asset to our school. A huge thank you to Jethro, our gardener, for all his efforts in preparing for the carnival. Also to our P&C members who supplied baked goods for morning tea, thank you. Last but not least, I must thank our Canteen Coordinator, Theresa Reid for always providing an excellent canteen service at our carnivals.

EXCURSIONS

State School Sports Association Wheatbelt Netball Carnival
On Wednesday a team of girls from Year 6 – 8 attended the SSSA Wheatbelt Netball Carnival. The girls had a great day and I would like to thank Anthea Cooke and Fiona Fisher in taking them along to participate in this competition. Your help is greatly appreciated.

John Worsfold Leadership Forum
Our Year 6 – 8 students attended a Leadership Forum at Northam Senior High School on Wednesday. John Worsfold was the guest speaker talking about life within and beyond sport to encourage leadership within our community. All of the students enjoyed the day and hopefully are thinking of what they can aspire toward. Thank you very much to Mrs Aynsley and Mrs Putrino for supervising the students along with Mrs Natalie Kilpatrick and Mr Steve Gollan.

School Uniform
I am impressed by the number of students wearing their school uniform, although we do still have some students wearing hoodies and non-school uniform jumpers and jackets. If you need to purchase more school uniform please contact our school office and we will make arrangements for you to access the uniform shop.

There is one week to go, let’s make it a great one!!!

Aliesha Murray
Acting Deputy Principal

Deputy’s Gag of The Week:

Why are computers so smart?

They listen to their motherboards !!

A BIG THANK YOU to Wayne and the staff at Beverley Country Kitchen for their generous donation of fruit to our school last Friday. Our students were able to enjoy beautiful fresh fruit during their break!!

CANTEEN NEWS

Due to lower order numbers, there will be NO RECESS sales on Wednesdays. The Canteen will ONLY have lunch orders on Wednesdays from now on. Fridays will remain as usual.

It's nice to see so many students warming up their tummies with yummy Spaghetti Bolognese on Wednesdays!
Kindy Enrolments for 2016

Please collect an Enrolment Form from the school office. Completed Enrolment forms are due back by Friday **24th July 2015**.

Children who were born between 1st July 2011 and 30th June 2012 are eligible to attend Kindergarten in 2016.

An Information Session will be held at the Kindergarten at a later date.

Lost Property Warning—all items to be donated at the end of Term

There is heaps of lost property in our box. If your child is missing items, please come in and have a look in the box. At the end of this term, all items not claimed will be donated to charity.

Labelling Personal Items

Please ensure all your child’s personal items, including clothing, have NAME LABELS!

---

**PARENT AND COMMUNITY WORKSHOP**

**YOUTH HEALTH AND WELLBEING**

**MONDAY JULY 20th 2015 6pm - 7.30pm**

As part of our whole school approach to supporting mental health and wellbeing in our school, we will be hosting a parent and community workshop by the HeadSpace team. The workshop will address issues related to depression and mental health in young people. Topics will include

* should I be concerned about my child?
* what is self-harm and what does it mean?
* how can I support my child's resilience and wellbeing?
* where can I go for more information and help?

**All welcome** - please bring your questions and concerns. This workshop is designed for adults. Separate workshops will be presented for young people on a different date.

---

Library Officer L2 $52,530—$57,043 per annum (SSO GA 2014)
Six (6) month fixed term, part-time (0.4 FTE) position
commencing Term 3 2015
With possible extension and/or permanency
Position Number 00026528
Beverley District High School

**Please note:** Interested persons need to apply online by visiting [www.jobs.wa.gov.au](http://www.jobs.wa.gov.au)

Applications must be submitted prior to 4.30pm (WST) on Thursday 9 July 2015.

If you have any further queries regarding the position please contact Mrs Marie Carroll on 9646 1165 during business hours or on 0429 953 551 during school holidays.

---
# WINTER CARNIVAL RESULTS

<table>
<thead>
<tr>
<th>PLACE</th>
<th>TEAM</th>
<th>PTS (DIFF)</th>
<th>PLACE</th>
<th>TEAM</th>
<th>PTS</th>
<th>PLACE</th>
<th>TEAM</th>
</tr>
</thead>
<tbody>
<tr>
<td>1st</td>
<td>YORK GOLD</td>
<td>6 (+130)</td>
<td>1st</td>
<td>PINGELLY</td>
<td>8</td>
<td>1st</td>
<td>PINGELLY 1</td>
</tr>
<tr>
<td>2nd</td>
<td>YORK BLUE</td>
<td>6 (+64)</td>
<td>2nd</td>
<td>BROOKTON</td>
<td>6</td>
<td>2nd</td>
<td>BEVERLEY 1</td>
</tr>
<tr>
<td>3rd</td>
<td>PINGELLY</td>
<td>4 (+65)</td>
<td>3rd</td>
<td>YORK GOLD</td>
<td>4</td>
<td>3rd</td>
<td>YORK BLUE</td>
</tr>
<tr>
<td>4th</td>
<td>BEVERLEY</td>
<td>4 (-15)</td>
<td>4th</td>
<td>YORK BLUE</td>
<td>2</td>
<td>4th</td>
<td>PINGELLY 2</td>
</tr>
<tr>
<td>5th</td>
<td>BROOKTON</td>
<td>0</td>
<td>5th</td>
<td>BEVERLEY</td>
<td>0</td>
<td>5th</td>
<td>BEVERLEY 2</td>
</tr>
<tr>
<td>6th</td>
<td>YORK GOLD</td>
<td></td>
<td>6th</td>
<td></td>
<td></td>
<td>6th</td>
<td>YORK GOLD</td>
</tr>
<tr>
<td>7th</td>
<td>BROOKTON</td>
<td></td>
<td>7th</td>
<td></td>
<td></td>
<td>7th</td>
<td>BROOKTON</td>
</tr>
</tbody>
</table>

**SHIELD:** YORK GOLD  
**SHIELD:** PINGELLY  
**SHIELD:** PINGELLY 1  

**IMPORTANT DATES**

**LAST DAY OF SCHOOL FOR TERM 2:**  
Friday 3 July  

**FIRST DAY OF SCHOOL FOR TERM 3:**  
Tuesday 21 July  

**HAPPY HOLIDAYS!**
Waterwise Tip:

Never drink untreated water. Water-borne diseases include Cholera, Typhoid, Bacillary Dysentery, Polio, Meningitis, Hepatitis A and E and diarrhoea.

Go Health!

Be food allergy aware

Australia has one of the highest rates of people with food allergies in the world - and this rate is growing. Currently, 1 in 10 babies are born with a food allergy. The only way to remove the risk of the allergic reaction is to avoid the food that causes it.

An allergic reaction occurs when a person’s immune system responds to a food protein that it mistakenly believes is harmful. Chemicals are released into the body which trigger symptoms that can be life threatening.

Symptoms of food allergy can include hives, swollen lips, face and eyes, tongue, abdominal pain, vomiting, difficulty breathing and a sudden drop in blood pressure. Severe allergic reactions, or anaphylaxis, can be fatal if not treated immediately.

Nine foods trigger 90% of food allergy reactions in Australia - cow’s milk, egg, peanut, tree nut, sesame, soy, wheat, fish and shellfish.

Emergency first aid for anaphylaxis

- Lay the person flat, do not stand or walk. If breathing is difficult, allow to sit.
- Give the adrenaline autoinjector without delay. (Make a note of the time it was given.)
- Ring an ambulance – Dial 000
- Stay with and reassure the person. Do not allow the person to walk at any time.
- Give another adrenaline autoinjector if no improvement after 5 minutes
- If the person loses consciousness and there are no signs of breathing, begin CPR. Monitoring in a hospital is required for 4-6 hours, even if symptoms improve.

For further information contact your school nurse or visit: Allergy & Anaphylaxis Australia – Food Allergy Awareness Week http://www.foodallergyaware.com.au/ (contains school resources including craft, colouring activities, recipe ideas and important information).

UNIFORM SHOP

Uniform Shop will be open on Assembly days (Monday) before the assembly. Please make appointment prior with Kerry-Anne 0413 672 013.

MUSIC NEWS

Beverley District High School has been successful in getting a grant for $1000 for the music room.

Thank you to the West Australian Government School Music Society for their generosity. Next term will see some groovy new instruments.

The Year 2 and 3/4 class will be attending the Northam Eisteddfod this Friday. We wish them luck and know they will do the school proud.

Romola Brennan
Music Teacher
On Saturday June 13, 20 and 27, an entry form will appear in The Weekend West. Please collect as many entry forms as possible through family and friends.

Completed entry forms can be handed in at the school office.
zero2hero®
day

ONE HEROIC MENTAL
HEALTH AWARENESS DAY

DRESS UP!

STAND UP!

SPEAK UP!

SUPPORTING YOUTH MENTAL HEALTH &
SUICIDE PREVENTION PROGRAMS

FRIDAY 3RD JULY...

MORE INFO AT
ZERO2HERO.COM.AU
Attention: ZER0 2 HERO

CHANGE OF DATE!

Due to the Northam Eisteddfod being on Friday the 26th June, the Student Councillors would like to advise that we have shifted our Zero 2 Hero day to Friday the 3rd July—the last day of term 2.

The vision at Zero2hero is that every child and young person is educated and empowered to effectively deal with mental health issues.

MENTAL HEALTH STATISTICS

ONE THIRD… of young people will have an episode of mental ill health by the time they are 25

On average we lose one young West Australian each week to suicide—it is the biggest cause of death in teenagers.

75% of all mental illness is formed before the age of 25

23% of teenage deaths

“My dad is my hero because when I am sad he cheers me up with his dancing.”
Grace, Yr 4

Friday
3rd July

MENTAL HEALTH SERVICES

Lifeline - 131144 [24 hour crisis support]

headspace.org

Youth Focus - 62664333 [WA youth suicide]

Independent Living Centre WA - 1300 885 886

WARNING SIGNS

⇒ Withdrawing from friends and family
⇒ Talking about feelings of hopelessness
⇒ Persistently angry or sad
⇒ Increasingly using drugs or alcohol
⇒ Self-harming
⇒ Writing of talking about death or suicide
⇒ Experiencing mental health problems

Together with the faction captains, we will be holding a fun afternoon of Superhero activities.

Bring a gold coin donation and…

“DRESS UP, STAND UP AND SPEAK UP!”

"My hero is my little sister because she has a really hard life but still makes others laugh and always looks on the bright side." Mrs Walker

"My hero is Superman because he is powerful." Harlan, yr 1

"My hero is someone from the hospital because they help people get better." Jayme Yr 3

"My mum is my hero because she supports me. On the first day of school she said to me, ‘Do not be afraid.’” Alice, Year 2

"My hero is my hero is my dad because when I am sad he cheers me up with his dancing." Grace, Yr 4

Firemen are my heroes because they put out fires and they are very brave because they go in houses or buildings that are on fire in day or night in Beverley.” Dylan, yr 2

WHO CAN HELP

• School Psychologist
• School nurse
• Teacher

• Parents
• Family
• Friends

75% of all mental illness is formed before the age of 25

"My hero is someone from the hospital because they help people get better." Jayme Yr 3

"My mum is my hero because she supports me. On the first day of school she said to me, ‘Do not be afraid.’” Alice, Year 2

"My hero is my little sister because she has a really hard life but still makes others laugh and always looks on the bright side." Mrs Walker

"My hero is Superman because he is powerful." Harlan, yr 1

"My hero is someone from the hospital because they help people get better." Jayme Yr 3

"My mum is my hero because she supports me. On the first day of school she said to me, ‘Do not be afraid.’” Alice, Year 2

"My hero is my little sister because she has a really hard life but still makes others laugh and always looks on the bright side." Mrs Walker

"My hero is Superman because he is powerful." Harlan, yr 1
OLIVER Rural IT Solutions
We come to you for all your computer needs
John Oliver
Mobile: 0427 412 130
Email: John@OliverRural.com.au